

Fairfax County Department of Community and Recreation Services

David R. Pinn Community Center

October 2006

DIVERSITY:

Bringing The Community Together!

Customer Comment Line

703-324-5592 TTY 711

Pinn Community Center

10225 Zion Drive

Fairfax, VA 22032

Phone: 703-250-9181 TTY 711

Staff

Michelle Chapman-Campbell

Director

Zurii Conroy

Assistant Director

Operating Hours

Monday – Friday 9 a.m. – 6 p.m.

Saturday 11 a.m. – 5 p.m.

Sundays and Holidays Closed



Home of the Dreamers

www.fairfaxcounty.gov/rec

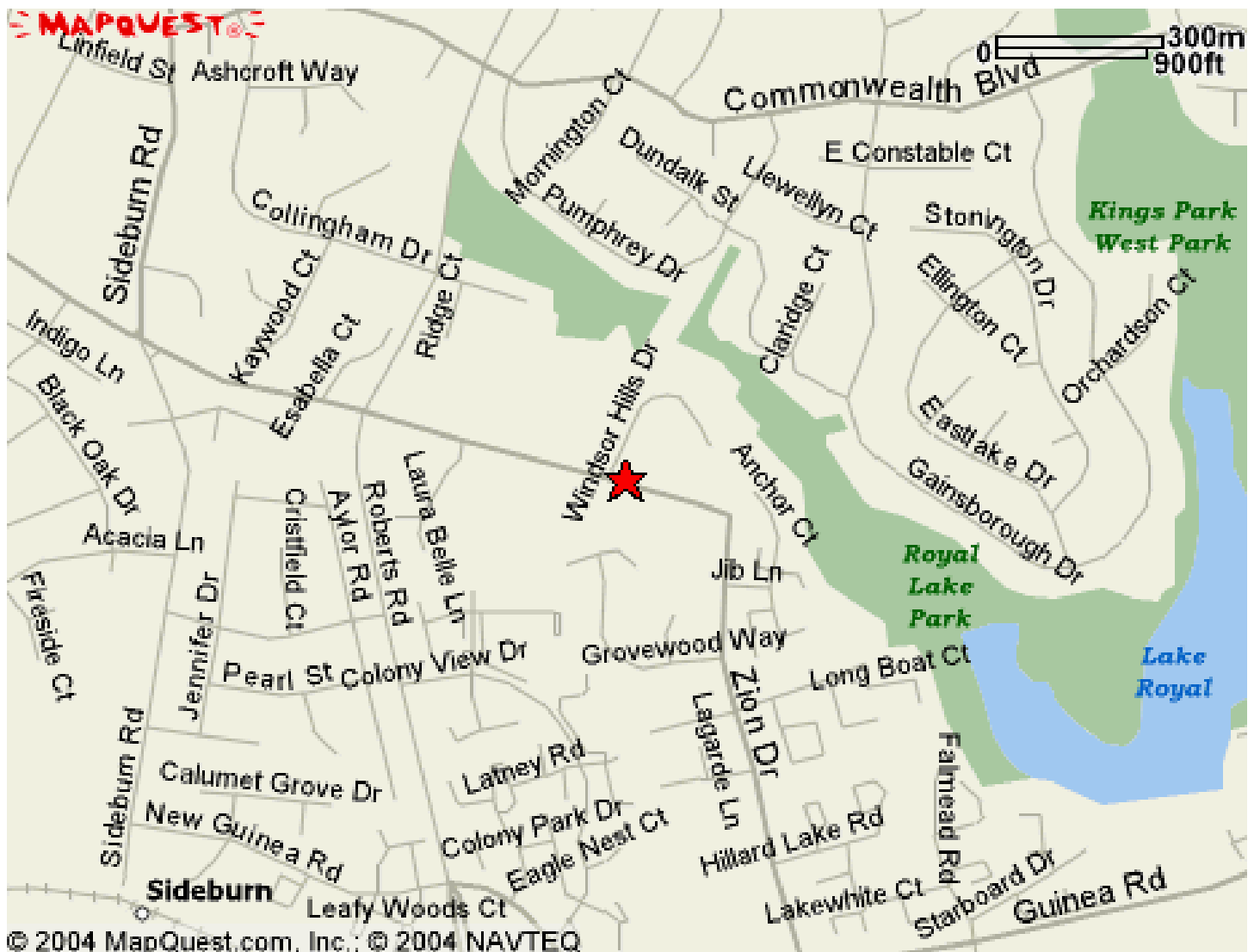


A Fairfax County, Va., publication



Fairfax County is committed to a policy of nondiscrimination in all county programs, services and activities and will provide reasonable accommodations upon request. To request special accommodations call 703-324-4386, TTY 703-222-9693. Please allow ten working days in advance of the event in order to make the necessary arrangements.

May 2006



Directions to Pinn Community Center

From 495-take exit 5 West-Braddock Road. Stay on Braddock Road to the intersection of Route 123. At the intersection make a left onto Route 123. Continue on Route 123 and make a left onto Zion Drive. Go past Sideburn Road intersection for a few blocks. The center is on your right.

❖ Senior Adult Program

Operating Days & Hours: Monday – Friday 10 a.m. - 2 p.m.

Participants must be 55 or older

Lunch is served daily

Monday & Wednesday enjoy Chair Exercise with Judy

Tuesday is Movie Day

Wednesday try your luck at Bingo with Prizes

Thursday (alternating Thursdays) participate in Arts & Crafts, bowling, dances, fieldtrips and much more

Friday enjoy our weekly shopping excursion

Transportation is provided per availability

Contact Person: Zurii Conroy

Senior Highlights:

Center Closed in Observance of Columbus Day

Date: Monday, October 9th

Advisory Council Meeting

Date: Friday, October 6th

Time: Noon

Friday Shopping Trips -

Time: 10:15 a.m. – 12:15 p.m.

October 6th – Walmart @ 6000 Burke Common Rd., Burke, VA

October 13th – Safeway @ 5727 Burke Center Parkway, Burke, VA

October 20th – Target @ 10301 New Guinea Rd., Burke, VA

October 27th – Shopper's @ 9622 Main St., Fairfax, VA

Monthly Bowling Trip to Bowl America

5615 Guinea Rd. in Burke

Date: Tuesday, October 10th

Time: 11 a.m. – Noon

Monthly Birthday Celebration

Date: Monday, October 30th

Time: 1 p.m.

Blood Pressure Checks

Dates: October 4, 11, 23

Time: 11 a.m. and 1 p.m.

Maria Adair (Food & Nutrition Services)

Topic of Discussion: TBA

Date: Friday, October 27th

Time: Noon-1 p.m.

Special Event- Food Tasting Party

Date: Monday, October 2nd

Time: Noon-1p.m.

Special Event- INOVA Flu Clinic

Date: Wednesday, October 4th

Time: 10:30 a.m.

Special Event- Dinner and a Movie @ The Kennedy Center

Date: TBA

Time: TBA

Chair Exercise with Judi

Dates: October 16, 18, 23, 25, 30

Time: 11 a.m.

Yoga with Deb

Dates: October 6, 13, 20, 27

Time: 1 p.m.

October 2006

David R. Pinn After-School Program (Mon., 1:30-6:00 p.m.; Tue.-Fri., 3:45-6:00 p.m.)

Monday 2 Field Trip 1:45-5:30 Frying Pan Park Herndon, VA	Tuesday 3 3:45-4:00 Transporting to Mott 4:00-4:45 HW/Snack 4:45-5:15 Computer Clubhouse 5:15-5:30 Transporting to Pinn 5:30-6:00 Grab Bag	Wednesday 4 3:45-4:15 Snack 4:15-5:00 Homework Help 5:00-5:30 Science & Exploration 5:30-6:00 Grab Bag	Thursday 5 3:45-4:00 Transporting to Mott 4:00-4:45 HW/Snack 4:45-5:15 Computer Clubhouse 5:15-5:30 Transporting to Pinn 5:30-6:00 Grab Bag	Friday 6 3:45-4:15 Snack 4:15-4:45 Reading/Storytelling 4:45-5:30 Interactive Discovery 5:30-6:00 Grab Bag
Monday 9 Center Closed in Observance of Columbus Day	Tuesday 10 3:45-4:00 Transporting to Mott 4:00-4:45 HW/Snack 4:45-5:15 Computer Clubhouse 5:15-5:30 Transporting to Pinn 5:30-6:00 Grab Bag	Wednesday 11 3:45-4:15 Snack 4:15-5:00 Homework Help 5:00-5:30 Science & Exploration 5:30-6:00 Grab Bag	Thursday 12 3:45-4:00 Transporting to Mott 4:00-4:45 HW/Snack 4:45-5:15 Computer Clubhouse 5:15-5:30 Transporting to Pinn 5:30-6:00 Grab Bag	Friday 13 3:45-4:15 Snack 4:15-4:45 Reading/Storytelling 4:45-5:30 Interactive Discovery 5:30-6:00 Grab Bag
Monday 16 Field Trip 1:45-5:30 Manassas Battle Field Park Manassas, VA	Tuesday 17 3:45-4:00 Transporting to Mott 4:00-4:45 HW/Snack 4:45-5:15 Computer Clubhouse 5:15-5:30 Transporting to Pinn 5:30-6:00 Grab Bag	Wednesday 18 3:45-4:15 Snack 4:15-5:00 Homework Help 5:00-5:30 Science & Exploration 5:30-6:00 Grab Bag	Thursday 19 3:45-4:00 Transporting to Mott 4:00-4:45 HW/Snack 4:45-5:15 Computer Clubhouse 5:15-5:30 Transporting to Pinn 5:30-6:00 Grab Bag	Friday 20 3:45-4:15 Snack 4:15-4:45 Reading/Storytelling 4:45-5:30 Interactive Discovery 5:30-6:00 Grab Bag
Monday 23 Field Trip 1:45-5:30 Old Town Scavenger Hunt	Tuesday 24 3:45-4:00 Transporting to Mott 4:00-4:45 HW/Snack 4:45-5:15 Computer Clubhouse 5:15-5:30 Transporting to Pinn 5:30-6:00 Grab Bag	Wednesday 25 3:45-4:15 Snack 4:15-5:00 Homework Help 5:00-5:30 Science & Exploration 5:30-6:00 Grab Bag	Thursday 26 3:45-4:00 Transporting to Mott 4:00-4:45 HW/Snack 4:45-5:15 Computer Clubhouse 5:15-5:30 Transporting to Pinn 5:30-6:00 Grab Bag	Friday 27 3:45-4:15 Snack 4:15-4:45 Reading/Storytelling 4:45-5:30 Interactive Discovery 5:30-6:00 Grab Bag
Monday 30 Field Trip 1:45-5:30 Fall Festival Burke, VA	Tuesday 31 3:45-4:00 Transporting to Mott 4:00-4:45 HW/Snack 4:45-5:15 Computer Clubhouse 5:15-5:30 Transporting to Pinn 5:30-6:00 Grab Bag	Wednesday 30	Thursday 31	Friday

❖ **After-School Program**

Operating Days & Hours: Monday, 1:30 - 6 p.m., Thursday - Friday, 3:30 - 6 p.m.

Snack is served daily

Reading for 20 minutes daily helps build our language skills

Monday is Field Trip Day

Tuesday & Thursday we join Mott Community Center in the Computer Clubhouse, Arts & Crafts, Physical Activities, and much more

Wednesday (alternating Wednesdays) we participate in Arts & Crafts and Science & Exploration Activities

Friday (alternating Fridays) we engage in Interactive Discovery and Reading/Storytelling

Contact Person: Michelle-Chapman-Campbell

October After-School Program Highlights:

Wagon Ride Tour of Frying Pan Park

Location: Herndon, VA

Date: October 2nd

Time: 2:30-5:30 p.m.

Manassas National Battlefield Park

Location: Manassas, VA

Date: October 16th

Time: 2:30-5:30 p.m.

Old Town Scavenger Hunt

Location: Alexandria, VA

Date: October 23rd

Time: 2:30-5:30 p.m.

Fall Festival at Burke Nursery and Garden Center

Location: Burke, VA

Date: October 30th

Time: 2:30-5:30 p.m.

Maryland Renaissance Festival

Location: 1801 Crownsville Rd., Annapolis, MD 21401

Date: October 21st

Time: 9-8 p.m.

David R. Pinn Senior Center

October 2006

Sunday 1	Monday 2 10 Welcome 11 "The Year Was 1977" Noon Food tasting Party 1 p.m. Password	Tuesday 3 10 Welcome 11 "Lets' Get Moving!" 12:30 Lunch & a Movie-En Español	Wednesday 4 10 Welcome 10:30 INOVA Flu Clinic Noon Lunch 1 p.m. Bingo Medley	Thursday 5 10 Welcome 11 Walking Club Noon Lunch 1 p.m. Ready, Set, Paint!	Friday 6 10 Welcome 10:15 Walmart Noon Lunch & Advisory Council 1 p.m. Yoga w/ Deb Soon
Sunday 8	Monday 9 Center Closed in Observance of Columbus Day	Tuesday 10 10 Welcome 11 a.m. –Noon Bowling @ Bowl America 12:00 Lunch & a Movie-En Español	Wednesday 11 10 Welcome 11 BP Checks Noon Lunch 1 p.m. Bingo Medley	Thursday 12 10 Welcome 11 Walking Club Noon Lunch 1 p.m. Reading Hour	Friday 13 10 Welcome 10:15 Safeway Noon Lunch 1 p.m. Yoga w/ Deb Soon
Sunday 15	Monday 16 10 Welcome 11 Chair Exercise w/ Judi Noon Lunch 1 p.m. BP Checks	Tuesday 17 10 Welcome 11 "Lets' Get Moving!" 12:30 Lunch & a Movie-En Español	Wednesday 18 10 Welcome 11 Chair Exercise w/ Judi Noon Lunch 1 p.m. Bingo Medley	Thursday 19 10 Welcome 11 Walking Club Noon Lunch 1 p.m. Ready, Set, Paint!	Friday 20 10 Welcome 10:15 Target Noon Lunch 1 p.m. Yoga w/ Deb Soon
Sunday 22	Monday 23 10 Welcome 11 Chair Exercise w/ Judi Noon Lunch 1 p.m. BP Checks	Tuesday 24 10 Welcome 11 "Lets' Get Moving!" 12:00 Lunch & a Movie-En Español	Wednesday 25 10 Welcome 11 Chair Exercise w/ Judi Noon Lunch 1 p.m. Bingo Medley	Thursday 26 10 Welcome 11 Walking Club Noon Lunch 1 p.m. Reading Hour	Friday 27 10 Welcome 10:15 Shopper's Noon Lunch & Nutrition w. Maria Adair 1 p.m. Yoga w/ Deb Soon
Sunday 29	Monday 30 10 Welcome 11 Chair Exercise w/ Judi Noon Lunch 1 p.m. B-Day Celebrations	Tuesday 31 10 Welcome 11 "Let's Get Moving!" 12:00 Lunch & a Movie-En Español	Wednesday	Thursday	Friday

Community and Recreation Services Facilities Listing

TTY for all Community and Senior Centers is 711

Community Centers

Bailey's Comm. Ctr.

5920 Summers Lane
Falls Church, VA 22041
703-931-7027

Gum Springs Com. Ctr.

8100 Fordson Road
Alexandria, VA 22306
703-360-6088

Huntington Com. Ctr.

5751 Liberty Drive
Alexandria, VA 22303
703-960-1917

James Lee Com. Ctr.

2855-A Annandale Road
Falls Church, VA 22042
703-536-5197

Mott Com. Ctr.

12111 Braddock Road
Fairfax, VA 22030
703-278-8605

Pinn Com. Ctr.

10225 Zion Drive
Fairfax, VA 22030
703-250-9181

Sacramento Neighborhood Ctr.

8792-E Sacramento Drive
Alexandria, VA 22309
703-619-2964

Southgate Com. Ctr.

(future site in Reston)

Willston Multicultural Center

6131 Willston Dr
Falls Church, VA 22044
703-532-6018

Teen Centers 703-324-TEEN

TTY: 703-222-9693

Attic - Herndon M. S.

901 Locust Dr
Herndon, VA 20171

Basement - Rocky Run M. S.

4400 Stringfellow Road
Chantilly, VA 22021

Crib - Lorton Station Elem.

9298 Lewis Chapel Rd
Lorton, VA 22379

Culmore Teen Ctr.

6018 Argyle Drive
Falls Church VA 22041

Cave - Mark Twain M. S.

4700 Franconia Rd
Alexandria, VA 22313

Hideaway - So. Co. Govt. Ctr.

8350 Richmond Highway
Alexandria, VA 22309

James Lee Com. Ctr.

2855-A Annandale Road
Falls Church VA 22042

McNair Elem. S.

2499 Thomas Jefferson Drive
Herndon, VA 20170

Mix - Glasgow M. S.

4101 Fairfax Parkway
Alexandria, VA 22312

Mott Com. Ctr.

12111 Braddock Road
Fairfax, VA 22030

Net - Irving M. S.

8100 Old Keene Mill Road
Springfield, VA 22152

Newington Forest M. S.

8001 Newington Avenue
Springfield, VA 22153

Reston Teen Ctr.

12196 Sunset Hills Road
Reston, VA 20191

Stone M. S.

5500 Sully Park Drive
Centreville, VA 20120

Zone - Annandale Terrace Elem.

7604 Herald Street
Annandale VA 22003

Senior Centers

Bailey's Sr. Ctr.

5920 Summers Lane
Bailey's Crossroads, VA 22041
703-820-2131

Franconia-Springfield Sr. Ctr.

Lane Elementary School
7137 Beulah Street
Alexandria, VA 22315
703-924-9762

Groveton- So. Co. Govt. Ctr.

8350 Richmond Highway, #325
Alexandria, VA 22309
703-704-6216

Herndon Sr. Ctr

873 Grace Street
Herndon, VA 20170
703-464-6200

Hollin Hall Sr. Ctr

1500 Shenandoah Road
Alexandria, VA 22308
703-765-4573

James Lee Sr. Ctr.

2855-A Annandale Road, #139
Falls Church VA 22042
703-534-3387

Lewinsville Sr. Ctr.

1609 Great Falls Street
McLean, VA 22101
703-442-9075

Lincolnia Sr. Ctr.

4710 North Chambliss Street.
Alexandria, VA 22312
703-914-0223

Little River Glen Sr. Ctr.

4001 Barker Court
Fairfax, VA 22032
703-503-8703

Lorton Sr. Ctr.

7722 Gunston Plaza
Lorton, VA 22079
703-550-7195

Pimmit Hills Sr. Ctr.

7510 Lisle Avenue
Falls Church, VA 22043
703-734-3338

Sully Sr. Ctr.

5690 Sully Road
Centreville, VA 20120
703-322-4475

Wakefield Sr. Ctr.

8100 Braddock Road
Annandale, VA 22003
703-321-3000

PROGRAMS AND SERVICES

❖ **Senior Adult Program** *(see enclosed sheet)*

Operating Days & Hours: Monday – Friday 10 a.m. – 2 p.m.

Participants must be 55 or older

❖ **After-School Program** *(see enclosed sheet)*

This after-school program is designed to support SOL objectives, provide homework assistance, and engage students in character building and experiential (hands on) learning opportunities via activities and field trips.

Transportation is provided from Bonnie Brae Elementary to the David R Pinn CC.

Pick-up time for the children is 6 p.m. Eligible students must be students of Bonnie Brae Elementary and in the 3rd, 4th, & 5th grades. The program is free.

Contact person: Michelle Chapman-Campbell

❖ **Rising Star (Tang Soo Doo) Karate**

Days and time: Monday & Wednesday 6 - 8 p.m.

Cost: monthly fee \$50.00

All ages welcomeFamily discounts available...Experience the benefits of weight loss, muscle tone, endurance, and discipline while learning to defend yourself.

Rising Star (Tang Soo Doo) Integrated Yoga For All

Days and Time: Tuesday & Thursday 6:30-8 p.m., Saturday 9-10:30 a.m.

Cost: \$40 Administrative Fee (Includes Uniform); \$75 Monthly

Integrated Yoga combines the fundamentals of Indian and Korean yoga practices. It provides relaxation, stress relief, builds core muscles, increases circulation, flexibility & mental focus while promoting weight loss. Your first session is on us. Please wear comfortable workout clothing that allows movement. We look forward to seeing you.

❖ **Serve's up – Tennis Courts** (Tennis courts are open 7 days a week for the convenience of the community). If you decide to use the courts, please remember to sign the attendance sheet located just inside the front door of the center.

❖ **Greater Little Zion Baptist Church Adult Sunday Schools**

Sunday mornings Time: 10 – 11 a.m.